

Physical Education Professional

PEC 135

Swing Analysis and Strategies • 2.0 Credits

A comprehensive study of the individual parts of the modern golf swing with intensive training directed toward precise control and more power. Class meets at Golf Land, Argent & Rd. 42 in Pasco. \$11.40 lab fee.

PEC 235

Fundamentals of Basketball • 2.0 Credits

History, fundamentals, practice organization, method of instruction, game preparation, and player evaluation are the main topics for instruction.

PEC 236

Fundamentals of Volleyball • 2.0 Credits

An introductory course in the history and development of power volleyball. It is also a study of the basic skills and organization of offensive and defensive strategies.

PEC 242

Theory of Basketball • 2.0 Credits

Advanced concepts and theory in basketball coaching and continuation of fundamentals of basketball supply students with up-to-date information concerning fundamentals, practice organization, game preparation, and player evaluation. **Prerequisite: Completion of PEC 235 with a 0.7 or higher.**

PEC 243

Theory of Volleyball • 2.0 Credits

Theory of volleyball for prospective coaches and advanced players with the aspects of philosophy, psychology, methods, and organization.