

# Nutrition & Food Science

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## **NUTR& 101**

### **Nutrition [M/S] • 5.0 Credits**

Formerly NFS 111, NUTR& 101

Principles of nutrition as they apply to macro-nutrients. Economic, cultural, and psychological influences are considered. The need for vitamins, minerals, and special nutritional requirements at different stages of the lifecycle and special topics of current concern are included. \$25 science fee.